

# OKLAHOMA ALLIANCE FOR HEALTHY FAMILIES



## IMMUNIZATIONS PROTECT OUR CHILDREN

Immunizations are safe and effective. They prevent our children and families from contracting diseases that can cause permanent disabilities and even death. By making sure a community is fully immunized, we can make our state, cities and schools healthier.

### MYTH

VS

### FACT

Disease rates have dropped because of other reasons, not immunizations.



Data documenting disease rates before and after the introduction of vaccines demonstrate they are highly effective in decreasing the incidence of diseases, despite improvements in living conditions.

Vaccines cause autism.



No.  
Vaccines go through a rigorous trial and approval process, which ensures all vaccines are safe and effective.

Unimmunized children pose no threat to immunized ones.



Vaccines go through a rigorous approval processes to ensure they are safe and effective. Trace ingredients in vaccines are included to kill harmful bacteria and preserve the effectiveness of the vaccine.

More Immunization Resources for Parents and Parents-to-Be: <https://bit.ly/2LLmOjH>  
For more information, please contact Jacqueline McDaniel (405) 414-5497 | [mcdaniel@pricelang.com](mailto:mcdaniel@pricelang.com)

Oklahoma Alliance for Healthy Families

## MYTH

VS

## FACT

Natural infection is better and healthier than immunization.



The benefits of immunity through immunizations outweigh the serious side effects of natural infection, which include blindness, paralysis, brain damage, or death.

Vaccines contain unsafe toxins.



Vaccines go through a rigorous approval processes to ensure they are safe and effective. Trace ingredients in vaccines are included to kill harmful bacteria and preserve the effectiveness of the vaccine.

It's better to space out vaccines.



There is no scientific evidence that spacing out vaccines is safer. The recommended schedule is reviewed on a regular basis and designed to protect our children when they are most vulnerable.

## TIPS FOR AVOIDING FALSE INFORMATION

- If you have questions, **ASK YOUR DOCTOR OR PHARMACIST.**
- **Seek medical advice from an experienced, licensed medical professional.**
- **Avoid getting medical advice from Facebook and other unreliable, uncertified sources on the internet.**